

Leadership Development Checklist

KDLCoaching



Here is a quick checklist to give you some important focusses that will help you build strong, positive and influential leadership skills.

- ☐ Learn how to communicate with anyone!
- ☐ Get to know who you truly are from a deeper perspective
- ☐ Work on discovering your own personal strengths
- ☐ Learn what it is that really drives you and lights you up
- ☐ Create a plan of three small things you can do each day that contributes to your personal growth
- ☐ Educate yourself on human behaviours so you can develop a profound understanding of why you and others say and do the things they do.
- ☐ Step back and view your personal and professional world from a dissociated perspective so you can see what's really going on without judgement or emotion.
- ☐ Make a list of the changes you can make to improve behaviours or situations that are unresourceful
- ☐ Prioritise upskilling your communication skills so you can influence a level of relationship quality that offer more happiness, fulfillment and success in your career and life!
- ☐ Get to know more about what drives each member of your team.
- ☐ Beat stress, overwhelm and burnout and learn how to switch off after work!